



# Drugs Education at St. Wilfrid's

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This video has been made to give you an overview about what your child will learn in PSHE about Drugs Education whilst they are at St. Wilfrid's CofE Primary School.

# **SCARF** Safety, Caring, Achievement, Resilience & Friendship



Our whole school PSHE curriculum is a spiral curriculum. The drugs education aspect starts in Reception and progresses through to Year 6.

Each year's lessons consist of increasing knowledge, challenging attitudes and teaching new skills to resist pressure. Children are taught that drugs and alcohol can cause damage to the body. Children are encouraged to ask *questions* and to speak to parents about any concerns or questions they may have.

Drugs education is taught in the Spring term, however it may also be covered in Science, in assemblies, on trips or visiting speakers at different stages in the year.



# What do we mean when we say 'Drugs'?

Drugs is defined as - A medicine or other substance which has a physiological effect when ingested or otherwise introduced into the body.

# **You may be asking the question - does my child really need to know about drugs?**



At age 4-7, your child should be learning about the positive use of medicine and the dangers of medicines and volatile substances e.g. bleach, or aerosol.

The information given in our Reception & KS1 lessons helps children gain knowledge and skills about the drug and substances they are already experiencing in life, for example, not to help themselves to calpol. Also they will learn the safety logo's on cleaning products that could cause harm to them.

This is age appropriate drug education.

Does my child really need to know about drugs?



At ages 7-9 our drugs education curriculum expands your child's knowledge and skills about legal drugs, for example, alcohol, tobacco and energy drinks.

In LKS2 lessons they will identify some key risks from and effects of cigarettes and alcohol. They will understand that nicotine and alcohol are both drugs. It also links to the Science curriculum objectives about nutrition. This is appropriate for this age.

## Does my child really need to know about drugs



At age 9-11 the curriculum will help your child develop knowledge, skills and attitudes about illegal drugs as well as legal drugs, particularly around the effects of drugs and the laws associated with them. In UKS2 lessons they are also given opportunities to consider the outcomes of risk taking, for example in choosing to smoke cigarettes and the effects it could have.

In addition, it links to the Science curriculum objectives about how to keep their bodies healthy and how their bodies might be damaged. This is appropriate for this age.

# Safeguarding



It is our duty of care to safeguard children and prepare them for the world. They are given opportunities in a safe environment to explore **attitudes** and develop **skills** for making healthy, informed choices.



# Questions & Concerns

If you have any further questions you'd like to ask after watching this, please don't hesitate to contact school in the first instance your child's class teacher.

We will be happy to meet with you or answer your questions you may still have.