

Worship 2 Go

Drawing School and Home Together

Thanks to all those people who have made some of the resources collated here available to share

Mary and Elizabeth

On Sunday 29 November the season of Advent begins so W2G this week is helping us get ready for that as we begin to remember and celebrate, the birth of Jesus.

Bible Reading

Soon afterward Mary got ready and hurried off to a town in the hill country of Judea. She went into Zechariah's house and greeted Elizabeth. When Elizabeth heard Mary's greeting, the baby moved within her. Elizabeth was filled with the Holy Spirit and said in a loud voice, "You are the most blessed of all women, and blessed is the child you will bear! Why should this great thing happen to me, that my Lord's mother comes to visit me? For as soon as I heard your greeting, the baby within me jumped with gladness. How happy you are to believe that the Lord's message to you will come true!"



You can find this in the Bible, in the book of Luke, chapter 1, verse 39-45.

Prayer

Dear God,
Thank you for the example of Mary and Elizabeth's trust in you. Help each of us to trust in you too. This Advent, as we think about the things Jesus taught us about how to live and love others please help us to share those things in everything we do with everyone around us. Amen

Wondering

- I wonder if you find it easy to wait for things
- I wonder how you think Mary felt when the angel visited her
- I wonder if there is anything you can do to follow Jesus example this Advent time



Creative Prayer 1 ≈ Clock Face Prayers

You will need printed clock faces or you could just draw one, pens or pencils.

Write *Luke 1: 39-45* on the back. Read the Bible story again. Think about times in your day, week or life that require patience, such as when you are finding something difficult or waiting for something to happen. Write them on the clock. Think about Mary and Elizabeth and their trust in God. Focus your prayers on the things you need to trust God to complete in due time. Pray for patience as you wait. Write these things on too if you would like to. Thank God that he is with you. Put the clock somewhere to remind you of these things.



Creative Prayer 2 ≈ Wait a Minute.....



How good are you at waiting for things? Does it depend what it is? This is a good prayer activity to do with other people. You will need something to tell the time with but something which can be put away. Someone could lead a few people in this or you can check the time, put the device to one side or cover it up and sit quietly to see if you can judge one minute. When you think the minute has passed, jump up and check the time. If someone is leading this activity, wait until everyone jumps up and see who is the nearest to one minute. How did you do? Was it easy? Find a quiet spot to talk to God about the things you are waiting for and thank him for being close to you as you wait.

Activity 1 ≈ Advent Wreath

There are lots of ways to make an Advent Wreath and there are different ideas about what each candle symbolises. You can find ideas online and in books. You can cut one out of paper, draw one, even make a real one if that is part of your family tradition. It's great thing to do together. This one is made out of an old magazine cut into holly and candle shapes. I will attach it to the wall and each Sunday in Advent I will stick another candle on it— I'm using simple themes of hope, love, joy and peace and Jesus is the final candle on Christmas Day.



Activity 2 ≈ Mary's Song of Praise

When Mary met with Elizabeth, she said a prayer of praise— sometimes it is called Mary's song. Part of it is below. Why not try putting it into your own words, turning it into to a rap or even putting the words to music. And if you do, we'd very much like to see the results!

My heart praises the Lord; my soul is glad because of God my Saviour, for he has remembered me, his lowly servant!

From now on all people will call me happy, because of the great things the Mighty God has done for me.

His name is holy; from one generation to another he shows mercy to those who honour him.

He has stretched out his mighty arm and scattered the proud with all their plans. He has brought down mighty kings from their thrones, and lifted up the lowly. He has filled the hungry with good things, and sent the rich away with empty hands. He has kept the promise he made to our ancestors

You can find this in the Bible, in the book of Luke, chapter 1, verse 46-5.

Quote

'Mark the season of Advent by loving and serving the others with God's own love and concern'. *Mother Teresa*

Feel free to Tweet your pictures and tag: @ManchesterCWO @DioManchester #Worship2Go

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