

# Worship 2 Go

## Drawing School and Home Together

Thanks to all those people who have made some of the resources collated here available to share

# The Golden Rule

## Bible Reading

'So in everything, do to others what you would have them do to you, for this sums up the Law and the Prophets'.

You can find this in the Bible, in the book of Matthew, chapter 7, verse 12.

Younger people might like to watch this story:

<https://www.youtube.com/watch?v=3OedgmVP0uA>

**This week** Monday November 16—Friday 20 November is national anti-bullying week.

You can find out more details here:

<https://www.anti-bullyingalliance.org.uk/anti-bullying-week>

We can all play our part to unite against bullying—if it's happening to you or you see it happening to someone else, remember it's really important speak to an adult you trust.

## Prayer

Dear Lord,  
Thank you for the love that inspires us.  
Remind us of those who have shared their love with us. Help us to pass it on and to help change the lives of those around us. Amen.

## Wondering

- I wonder if you always find it easy to treat others the way you would like to be treated
- I wonder what you think would happen if we all did that
- I wonder if you think you can play a part in uniting against bullying

## Creative Prayer 1 ≈ Prayer Socks

As part of anti Bullying week, everyone is being encouraged to wear odd socks one day this week . It's an opportunity to encourage people to express themselves and celebrate their individuality and what makes us all unique! But have you ever thought about using socks to pray? Here's how;



- Take a prayer of stripey socks or look at this picture
- Find a quiet spot and if you have the socks, put them on
- Look at the colours and reflect that it is wonderful that God loves everyone however people express themselves and celebrate individuality
- Use each stripe to help you pray for different things like; other people, help with something, saying sorry , saying thank you. (with thanks to Bishop Bridgeman Ethos Group)

## Creative Prayer 2 ≈ 'I will' Prayers

Sometimes, just thinking about how we use words can change how we think about things, help us to remember to be more deliberate about the actions we take. So saying 'I will...' can help with that. Spend some time talking to God about things you would like to be more active about for example 'I will treat other people the way I want to be treated' or 'I will be kind' or 'I will speak up'. I wonder what things you can think of. Make a list and ask God to help you do those things. You might want to keep the list somewhere as a reminder and notice the difference this makes.

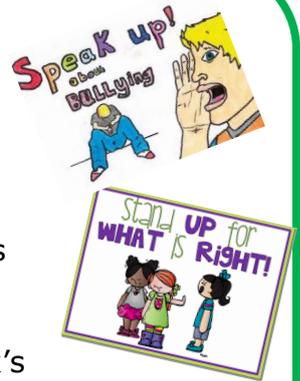


## Activity 1 ≈ Design an Anti-Bullying Poster

Think about these two questions...

- We must stand united against bullying in order to make change?
- What changes do we need to make to unite against bullying?

Have a go at an anti-bullying poster that gives answers to the questions above and encourages people to speak out for others in order to stop bullying. You can use bright colours signs and symbols to make your poster more interesting and eye catching. You could even use this week's Bible verse or the quote.

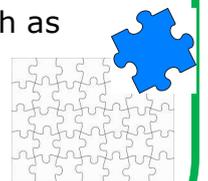


## Activity 2 ≈ A Unique Jigsaw Puzzle

Think about what makes you unique, one of a kind. What can you do? What are your gifts and talents? Write some down. We are all unique, and we should celebrate each others uniqueness as we can all contribute to the world in different ways, and by uniting, it doesn't take that away from us, it simply makes us stronger. We have more power to overcome injustice and adversity when we join together, like a jigsaw puzzle.

- Cut a piece of paper into jigsaw puzzle pieces enough for everyone to have one.
- The give each person a Puzzle Piece.
- On your puzzle piece, create a design that shows your own uniqueness and celebrates who you are. You could draw symbols of things you enjoy such as hobbies or clubs you are part of. But also add things to show your character happy, helpful, kind etc. The choice is yours!
- When all the pieces are complete, put them together.

Say together – "By recognising our differences, celebrating our uniqueness and supporting each other, we are united and stronger!"



## Quote

"No voice is too soft when a voice speaks for others."  
*Joanna Cachola*

**Karen Beal**, Children's Officer, Diocese Of Manchester,  
**E:** Karenbeal@manchester.anglican.org  
**Jo Haslam**, Deanery Children & Family Worker, Children Changing Places Project