

St Wilfrid's C.E. Primary School



Year 3 - 6 Swimming Competency

2021 – 22

Swimming and Water Safety

Swimming is an important skill and can encourage a healthy and active lifestyle. All Local Authority schools must provide swimming instruction either in key stage 1 or key stage 2. The programme of study for PE sets out the expectation that pupils should be taught to:

- Swim competently, confidently and proficiently over a distance of at least 25 metres
- Use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- Perform safe self-rescue in different water-based situations.

Swimming at St Wilfrid's CE Primary School

Following Covid-19, the swimming lesson structure has changed and now children attend swimming in Year 4 for a **whole year**. The children attend a weekly swimming lesson working through various awards/achievements. Children are required to achieve 25m by the end of their academic year. Children who haven't achieved their 25m will be assigned to the swimming programme during their time in Year 4 in order to achieve the national requirement. Children are required to swim 25m in Year 5 and 6 in order to take part in activities that are swimming-based on residential visits. The children at St Wilfrid's CE Primary School follow the Manchester Schools Swimming Programme with various awards and achievements meeting the National Curriculum aims and requirements.

The National Curriculum Standards provided by Government are:

All schools must provide swimming instruction either in key stage 1 or key stage 2. In particular, pupils should be taught to:

25M

Swim competently, confidently and proficiently over a distance of at least 25m

Strokes

Use a range of strokes effectively (for example, front crawl, backstroke and breaststroke)

Rescue

Perform safe self-rescue in different water-based situations.

Picture taken from MCR Active Schools Website. The link below provides information about each award.

<https://mcractiveschools.com/Swimming-Certification/>

Swimming and Water Safety	
Data taken from Swimphony database from 2018/19 when Year 6 pupils were in Year 3.	
What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year?	84%
What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?	77%
•What percentage of your Year 6 pupils could perform safe self-rescue in different water-based situations when they left your primary school at the end of last academic year?	72%
Schools can choose to use the primary PE and sport premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	Yes

Current Swimming Data

Cohort	Year 4 Cohort Attended swimming lessons 2021 – 22	Year 5 Cohort Attended swimming lessons 2019 – 20 and 2020 – 21	Year 6 Cohort Attended swimming lessons 2018 - 19
Star Fish Award (5m – front and back)	100%	100%	95%
Achieved 25m	94%	58%	84%
Achieved 50m	94%	5%	77%
Whale/Dolphin Award (Perform a range of strokes)	94%	63%	77%
Shark Award (Safe self-rescue)	100%	98%	72%

2020-21 Actions (following Covid-19)

- In September 2020, the current **Year 3 children (Year 4 – Sept 2020)** will attend swimming until January 2021. This will be reviewed and could be extended should lessons be put on hold again. In January 2021, the **new Year 3 children** will attend swimming.
- Other children will continue to attend swimming from other year groups to achieve their 25m and to build confidence in the water.

2020-21 Academic Years Swimming Targets

- To achieve an increase to 90% in the number of competent swimmers by Year 6. Year 4 and 5 children who cannot swim will continue swimming with other year groups or provided with extra swimming sessions to achieve this target.
- All non-swimmers provided with extra swimming sessions
- Increase the number of children successfully swimming using different swimming strokes (Whale and Dolphin Award) to 80%.
- Ensure Safe Self-Rescue is achieved increasing the percentage of children achieving to 70% in Year 3 and 4.
- Ensure children in Years 5 and 6 attend Swim Safe course to achieve Self Rescue in open water – planned for September 2020.
- Swimphony data to be regularly monitored, liaising with the teachers to ensure children who aren't achieving are being targeted.