

## Winter/Spring Menu 2018/19

### WEEK 1 DATES

Monday 21<sup>st</sup> – 25<sup>th</sup> January

Monday 11<sup>th</sup> February – 15<sup>th</sup> Feb

Monday 4<sup>th</sup> March – 8<sup>th</sup> March

Monday 25<sup>th</sup> March – 29<sup>th</sup> March

#### **Meat Free Monday**

Homemade Pizza Slices  
Spanish Omelette  
Pasta & Sauce  
Baked Jacket Wedges  
Mini Corn on the Cob

Jelly & Fruit

#### **Tuesday**

Homemade Curry  
Quorn Fajita  
Pasta & Sauce  
Vegetable Rice

Cheese & Crackers with  
Carrot & Cucumber Sticks

#### **Wednesday**

Spaghetti Bolognese  
Vegetarian Sausage Roll  
& Tomato Sauce  
Hot Sandwich Selection  
Mashed Potatoes  
Green Beans

Oat Crunchie with Fruit Slices

#### **Thursday**

Roast Dinner with all  
the Trimmings  
Macaroni Cheese Bake  
Jacket Potato Selection  
Roast & Mashed Potatoes  
Broccoli

Peach Melba

#### **Friday**

Salmon & Sweet  
Potato Fishcake  
Quorn Biryani  
Hot Sandwich Special  
Chips  
Garden Peas

Fruit Sponge with Custard

### WEEK 2 DATES

Monday 28<sup>th</sup> January – 1<sup>st</sup> February

Monday 18<sup>th</sup> February – Holidays

Monday 11<sup>th</sup> March – 15<sup>th</sup> March

Monday 1<sup>st</sup> April – 5<sup>th</sup> April

Vegetarian Quiche  
Quorn Sausage & Gravy  
Pasta & Sauce  
Baked Jacket Wedges  
Garden Peas

Mango Frozen Yoghurt  
with Seasonal Fruit

Baked Sausages, Yorkshire  
Pudding & Gravy  
Quorn Curry  
Jacket Potato Selection  
Rice

Carrot & Swede  
Chocolate & Pear Sponge  
with Custard

Tandoori Chicken  
Omelette  
Jacket Potato Selection  
Baked Jacket Wedges  
Mixed Vegetables

Jelly & Fruit

Stew & Dumplings  
Chickpea & Tomato Curry  
Sandwich Selection  
Sliced Malted Bloomer  
Brown Rice

Melon Boat

Fish Fingers  
Quorn Biryani  
Pasta & Sauce  
Chipped Potatoes  
Peas

Cheese & Carckers  
with Veg Sticks

### WEEK 3 DATES

Monday 4<sup>th</sup> February – 8<sup>th</sup> February

Monday 25<sup>th</sup> February – 1<sup>st</sup> March

Monday 18<sup>th</sup> March – 22<sup>nd</sup> March

Monday 8<sup>th</sup> April – 11<sup>th</sup> April.

Homemade Pizza Slices  
Quorn Bites  
Jacket Potato Selection  
Diced Potatoes  
Mixed Vegetables

Fruit with Ice Cream

Homemade Chicken Curry  
Cheese & Bean Enchilada  
Jacket Potato Selection  
Vegetable Rice

Cheese & Crackers with  
Carrot & Cucumber Sticks

Roast Dinner with all  
the Trimmings  
Hot Filled Tortilla Boat  
Hot Sandwich Selection  
Roast & Mashed Potatoes  
Cabbage & Carrots

Parsnip & Apple Cake  
with Custard

Lasagne  
Cheese Flan  
Pasta & Sauce  
Baked Jacket Wedges  
Sweetcorn

Fruit Salad with Blueberry  
Frozen Yoghurt

Tempura Fish  
Quorn Chow Mein  
Jacket Potato Selection  
Mashed Potatoes  
Peas

Homemade Muffin