



Parent's overview of the Drugs and Safety Education Curriculum taught at St.Wilfrid's.

What do we mean when we say 'Drugs'?

A medicine or other substance which has a physiological effect when ingested or otherwise introduced into the body.

Does my child really need to know about drugs?

At age 5-7, your child should be learning about the positive use of medicine and the dangers of medicines and volatile substances e.g. bleach, aerosols etc. The information given helps children gain knowledge and skills about the drug and substances they are already experiencing. This is age appropriate drug education.

Does my child really need to know about drugs?

At age 7-9 the school's drug education curriculum should be expanding your child's knowledge and skills about legal drugs e.g. alcohol and tobacco. This is appropriate for this age.

At age 9-11 the curriculum will help your child develop knowledge, skills and attitudes about illegal drugs as well as legal drugs, particularly around the effects of drugs and the laws associated with them.

PRIDE123

Pride 123 will mean your child will work through a spiral curriculum starting in Year 1 and progressing through to Year 6. Each year's lessons consist of increasing knowledge, challenging attitudes and teaching new skills to resist pressure. Children are taught that drugs and alcohol are not healthy and can cause damage to the body. Children are encouraged to ask *questions* and to speak to parents about any concerns or questions they may have.

What is my child learning about drugs in school?

The Pride 123 curriculum covers:

Year 1 / Age 5-6 - Things that are good / bad for the body - What are the rules about medicines - Who can give us medicines?

Year 2 / Age 6 -7 - The different ways that medicines can get into the body - Who can help us when we are not feeling very well - Why rules and medicines are important - Hazard classification. An activity you could do at home is to allow your child to help you put the shopping away and explain why some things are unsafe for children to touch.

Year 3/Age 7-8 - Senses and smells - Where are the lungs, why they are important, what they do and how smoke affects the lungs - Passive smoking/smoke in the environment - Good and bad habits - Keeping our bodies healthy - Fire safety

What is my child learning about drugs in school?

Year 4/Age 8-9 - Things that harm the body - What is a drug?/Drugs as medicines - How smoke affects the lungs - Chemicals in cigarettes/the cost of smoking - Why do people smoke/drink? - Alcohol in the body

Year 5/Age 9-10 - What's in the bag? - A draw and write lesson to assess the current level of drugs knowledge - Syringe Safety (e.g. if a child discovered one in a public place) - Legal and illegal drugs - Tobacco and assertiveness - Alcohol and health - Risks and decisions

Year 6/Age 10-11 - Risky business and body effects - Problem solving - Dangers of solvents - Drugs and the law - Assertiveness - Getting help Download the free parent-child activity booklets to help you communicate with your child about drugs and alcohol.

The website...

<https://www.pride123.co.uk/parents-carers/>

Sign in using the school's postcode:

M22 4NR



Any Questions...



Parents/Carers may wish to speak further with:

Mrs Sarah Stevenson - PSHE Lead
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Their child's class teacher

Mrs Helena Miller – Head of School